

## **General Links & Numbers**

AARP (American Association of Retired Persons) 888-687-2277

City Link Bus Service 877-941-7433

Idaho Legal Aid 866-345-0106

Medicare Information 800-633-4227

## **Hotlines**

Area Agency on Aging

Adult Protection 800-786-5536

Domestic Violence 208-664-9303

Fraud Hotline 800-632-5858

Kootenai County Crisis Line 208-664-1443

Mental Illness Hotline 800-572-9940

National AIDS Hotline 800-342-2437

Poison Center 800-860-0620

Substance Abuse & Intervention 208-664-3300

## **Regional Resources**

Area Agency on Aging 208-667-3179 402 W Canfield Ave #1 Coeur d'Alene ID 83815

City of Coeur d'Alene 208-769-2300 710 E Mullan Ave Coeur d'Alene ID 83814

Community Action Partnership Food Bank 208-64-8757 4942 Industrial Ave E Coeur d'Alene ID 83815

Meals on Wheels 208-667-4628 1916 Lakewood Dr Coeur d'Alene ID 83814

Idaho Commission on Aging 208-334-0106 3380 American Terrace #120 Boise ID 83703

Kootenai County Offices 208-666-2100 451 Government Wy Coeur d'Alene ID 83814

Senior Community Service Employment Program 208-765-5191 411 N 15th St Coeur d'Alene ID 83814

Panhandle Home Health Senior Companion Program 208-415-5106 8500 N Atlas Rd Hayden ID 83835

SHIBA (Senior Health Insurance Benefit Advisors) 208-666-6847 2005 Ironwood Pkwy #143 Coeur d'Alene ID 83814

Social Security Office 866-931-2523 7400 N Mineral Dr Coeur d'Alene ID 83815

## **Food Banks**

ABC Food Bank: M-W: 9AM - 3PM 208-683-2101 30355 N 3rd St Athol ID 83801

Christ the King Lutheran Church: T-W: 10AM - 1PM 208-664-9231 1700 Penn Ave Coeur d'Alene ID 83814

Community Action Agency: M-F: 9AM -4PM 208-664-8757 4942 Industrial Ave Coeur d'Alene ID 83815

Lake City Community Church: M: 10AM - 5PM 208 676-0632 6000 N Ramsey Rd Coeur d'Alene ID 83815

Post Falls Food Bank: M-F: 9AM - 2PM 208 773-0139 415 E 3rd Ave Post Falls ID 83854

Rathdrum Food Bank: M-F: 10AM - 4PM 208-687-6396 810 Main St Rathdrum ID 83858

Real Life Ministries: T-F: 10 AM - 1 PM 208-777-7325 1866 N Cecil Rd Post Falls ID 83854

Seventh Day Adventist Church: T-W: 9 AM - 12 PM 208-664-9231 111 E Locust Ave Coeur d'Alene ID 83814

Spirit Lake Food Bank: W: 12:30 PM - 3 PM 208-623-3107 311 4th St Spirit Lake ID 83869

## **Soup Kitchens**

Mon: 5:00-6:00 PM @ the Alter Church 208-664-1453 901 E Best Ave Coeur d'Alene ID 83814

Tue: 4:30-5:30 PM @ St. Thomas Catholic Church 208-664-9259 406 N 10th St Coeur d'Alene ID 83814

Wed: 6:00-7:00 PM @ Rathdrum Bible Church 208-687-0303 15127 Stevens St Rathdrum ID 83858

Thurs: 11:30-12:30 PM @ First Presbyterian Church 208-667-8446 521 Lakeside Ave Coeur d'Alene ID 83814

Thurs: 4:00-5:00 PM @ St. George Church 208-773-4715 2010 Williams St Post Falls ID 83854

Thurs: 5:30-6:30 PM @ Seventh Day Adventist Church 208-664-5473 111 Locust Ave Coeur d'Alene ID 83814

Fri: 4:30-5:30 PM @ St. Pius Catholic Church 208-765-5108 625 E Haycraft Ave Coeur d'Alene ID 83815

Sun: 4:30-6:00 PM @ Lake City Community Dinner 208-676-0632 411 N 4th Street Coeur d'Alene ID 83814

Sun: 3:00-5:00 PM @ King's Table Soup Kitchen 208-683-2640 Gates of Paradise Assembly 3rd & Bennett Athol ID 83801