

**General Links & Numbers**

AARP (American Association of Retired Persons)	888-687-2277
City Link Bus Service	877-941-7433
Idaho Legal Aid	866-345-0106
Medicare Information	800-633-4227

**Hotlines**

Area Agency on Aging Adult Protection	800-786-5536
Domestic Violence	208-664-9303
Fraud Hotline	800-632-5858
Kootenai County Crisis Line	208-664-1443
Mental Illness Hotline	800-572-9940
National AIDS Hotline	800-342-2437
Poison Center	800-860-0620
Substance Abuse & Intervention	208-664-3300

**Regional Resources**

Area Agency on Aging	208-667-3179	1221 Ironwood Dr #102 Coeur d'Alene ID 83814
City of Coeur d'Alene	208-769-2300	710 E Mullan Ave Coeur d'Alene ID 83814
Community Action Partnership Food Bank	208-64-8757	4942 Industrial Ave E Coeur d'Alene ID 83815
Meals on Wheels	208-667-4628	1916 Lakewood Dr Coeur d'Alene ID 83814
Idaho Commission on Aging	208-334-0106	3380 American Terrace #120 Boise ID 83703
Kootenai County Offices	208-666-2100	451 Government Wy Coeur d'Alene ID 83814
Senior Community Service Employment Program	208-765-5191	411 N 15th St Coeur d'Alene ID 83814
Pahhandle Home Health Senior Companion Program	208-415-5106	8500 N Atlas Rd Hayden ID 83835
SHIBA (Senior Health Insurance Benefit Advisors)	208-666-6847	2005 Ironwood Pkwy #143 Coeur d'Alene ID 83814
Social Security Office	866-931-2523	7400 N Mineral Dr Coeur d'Alene ID 83815

**Food Banks**

ABC Food Bank: M-W: 9AM - 3PM	208-683-2101	30355 N 3rd St Athol ID 83801
Christ the King Lutheran Church: T-W: 10AM - 1PM	208-664-9231	1700 Penn Ave Coeur d'Alene ID 83814
Community Action Agency: M-F: 9AM -4PM	208-664-8757	4942 Industrial Ave Coeur d'Alene ID 83815
Lake City Community Church: M: 10AM - 5PM	208 676-0632	6000 N Ramsey Rd Coeur d'Alene ID 83815
Post Falls Food Bank: M-F: 9AM - 2PM	208 773-0139	415 E 3rd Ave Post Falls ID 83854
Rathdrum Food Bank: M-F: 10AM - 4PM	208-687-6396	810 Main St Rathdrum ID 83858
Real Life Ministires: T-F: 10 AM - 1 PM	208-777-7325	1866 N Cecil Rd Post Falls ID 83854
Seventh Day Adventist Church: T-W: 9 AM - 12 PM	208-664-9231	111 E Locust Ave Coeur d'Alene ID 83814
Spirit Lake Food Bank: W: 12:30 PM - 3 PM	208-623-3107	311 4th St Spirit Lake ID 83869

## **Soup Kitchens**

Mon: 5:00-6:00 PM @ the Alter Church	208-664-1453	901 E Best Ave Coeur d'Alene ID 83814
Tue: 4:30-5:30 PM @ St. Thomas Catholic Church	208-664-9259	406 N 10th St Coeur d'Alene ID 83814
Wed: 6:00-7:00 PM @ Rathdrum Bible Church	208-687-0303	15127 Stevens St Rathdrum ID 83858
Thurs: 11:30-12:30 PM @ First Presbyterian Church	208-667-8446	521 Lakeside Ave Coeur d'Alene ID 83814
Thurs: 4:00-5:00 PM @ St. George Church	208-773-4715	2010 Williams St Post Falls ID 83854
Thurs: 5:30-6:30 PM @ Seventh Day Adventist Church	208-664-5473	111 Locust Ave Coeur d'Alene ID 83814
Fri: 4:30-5:30 PM @ St. Pius Catholic Church	208-765-5108	625 E Haycraft Ave Coeur d'Alene ID 83815
Sun: 4:30-6:00 PM @ Lake City Community Dinner	208-676-0632	411 N 4th Street Coeur d'Alene ID 83814
Sun: 3:00-5:00 PM @ King's Table Soup Kitchen	208-683-2640	Gates of Paradise Assembly 3rd & Bennett Athol ID 83801